Lesson 2: How H(**YOU**)mans Can Help The Ocean

Reduce The Effect Of Climate Change

- Use energy efficient appliances
- Turning off the lights when the room is not in use
- Taking alternative modes of transportation like walking or bicycling
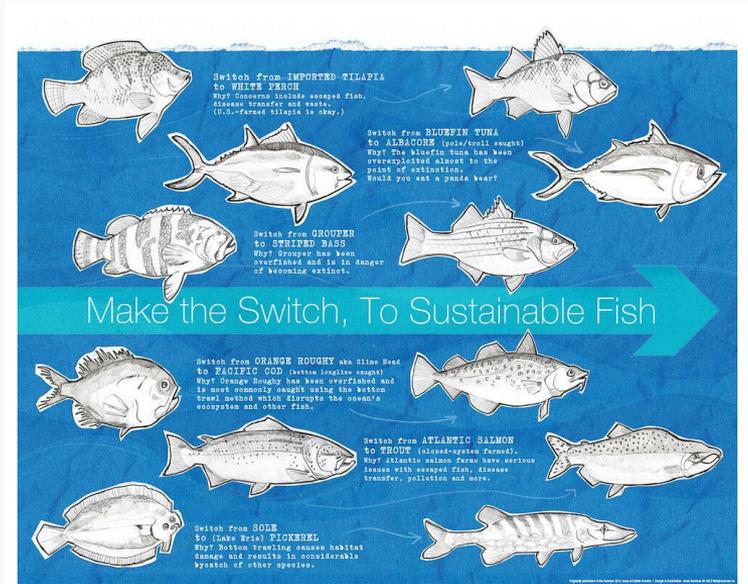- Using public transportation or carpooling

Reduce Pollution

- Recycle
- Use biodegradable products
- Don't litter

Reduce Overfishing and Habitat Destruction

- Buy and eat only seafood caught through sustainable means

Reduce Non-Native Species

- Don't release unwanted water, plants, or animals collected from other ecosystems
- Don't dump ballast water from boats

Spread Your Knowledge

- Share what you learned with other people and help reduce human impact on the ocean

Organize Or Attend A Beach Cleanup

- There are hundreds of organizations dedicated to cleaning up the ocean and they need a hand! Or a thousand hands! Or more!
- Some organizations are…
    - Surfrider foundation
    - Puget Soundkeeper Alliance
    - As well as other individuals in your community

Choose a Cause to Contribute to!

For example: Orcas

8 things you can do to help save the orcas:

1. Develop an appreciation for the Salish Sea and beyond!
2. Switch to natural cleaners!
3. Reduce your use of plastic
4. Help reduce stormwater pollution
5. Eat sustainable seafood
6. Learn to be Whale Wise
7. Support funding for salmon habitat restoration
8. Get involved in local restoration work

Continue To Help The Ocean!